

JANUARY 2023

# THE DANCE COMPANY TRINITY

LEARN | CREATE | SHARE | GROW



## A message from the Director

We are getting ready to celebrate our 4th year open!!!

I cannot thank you all enough! We are so excited for all of the growth each year in our students, size, and potentiality. Our studio now hosts 16 hours of barre and yoga classes each week during the daytime, a fully stocked boutique, outreach to our local preschools, and a total of 64 classes each week. To say we are blessed is an understatement. Thank you so much for all of your love and support each year.

Our Holiday showcase was so much fun!!!! And don't worry- we already have a plan for next year to help with audience size!

We are planning lots right now- recital, summer camps/intensives, while keeping the integrity of our classroom instruction. We are proud that some of our students have moved up in Acro levels since August too! This is the time of year to make any changes to your classes or schedule- after March 1 we won't be able to make adjustments to classes!

We have a fun filled month coming up and looking forward to seeing everyone back in the studios after the holidays!

Lots of love,  
Miss Jillian

## THIS MONTH

### PARENT PARTICIPATION WEEK JANUARY 23-28



### KIDS' NIGHT OUT JANUARY 28



### MOM & ME YOGA



### WE ARE HIRING!



CONVENTION WEEKEND

We just concluded a wonderful weekend at LA Dance Magic convention in Orlando and had the time of our lives! Whether or not performance & competition company are for you- I encourage you to take advantage of that we take ALL students to conventions with us to experience dance classes with master teachers who are still currently hiring, choreographing, and performing professionally. It's an incredible experience we open up to everyone in our studio (not just our team/company kids).

CONGRATS to our girls who competed and came home with lots of awards!!!!

Hope to see you with us next year!!!!



POWER-BARRE

Adult Classes, Mom & Me



Did you know we have classes for adults during the day? We are offering a special this month to help you with your New Year's Goals and habits! Join us for a low impact, big result class that will have your body feeling more aligned, stronger, and more flexible. Work on those areas that support your hips, pelvic floor, and drastically reduce pains of knees, feet, and back issues! [www.power-barre.com](http://www.power-barre.com) for schedule and pricing! we are now offering Mom&Me Classes too!!!! 6 week sessions through out the school year!

**LENGTHEN. STRENGTHEN. TONE.**

MINDFUL PHYSICAL HEALTH

ENROLL NOW!

power barre

Imagine  
Recital 2023

RECITAL IS FOR ALL STUDENTS!

We are early planners and like to get dates out- be sure you are in the know for all things recital [www.thedancecompanytrinity.com/recital](http://www.thedancecompanytrinity.com/recital)

Summer

Help us plan your kids' BEST SUMMER EVER!!!!  
Fill out these short forms to get what you need out of the summer options!



Kids Night Out

Every month our team moms host a Kids Night Out! Kids get a night with out their parents to have FUN- bounce on the tumble track, hip hop club, glow party, pizza night, and a movie! Open to guests and friends, not just current students! Sign up in your parent portal today! (if you need a sibling discount- contact the studio via email or mail) JANUARY 28!



Open to all dancers! We are bringing a group! Let us know if you register- so we can send you our hotel information and we can all be together for support!

WORKSHOP FOR **YOUNG DANCERS**

FEBRUARY 4 & 5, 2023

Featuring master classes with Suzanne Farrell & FSU Dance Faculty  
Ages 10-18 (Intermediate-Advanced)

**REGISTER TODAY**  
[bit.ly/FSUYoungDancers](http://bit.ly/FSUYoungDancers)

SPONSORED BY  
FRIENDS OF dance

[dance.fsu.edu](http://dance.fsu.edu)  
Photo by Meagan Helman